

Friday • Week 1

Idiomelon of the Triodion

TONE V

Canonarch: Bring my soul out of prison :

Musical score for the Canonarch's part. It consists of two staves: a treble clef staff and a bass clef staff. The key signature is two sharps (F# and C#). The melody is written in the treble clef, starting with a half note G4, followed by quarter notes A4, B4, C5, D5, E5, F#5, G5, A5, B5, C6, D6, E6, F#6, G6, A6, B6, C7, D7, E7, F#7, G7, A7, B7, C8, D8, E8, F#8, G8, A8, B8, C9, D9, E9, F#9, G9, A9, B9, C10, D10, E10, F#10, G10, A10, B10, C11, D11, E11, F#11, G11, A11, B11, C12, D12, E12, F#12, G12, A12, B12, C13, D13, E13, F#13, G13, A13, B13, C14, D14, E14, F#14, G14, A14, B14, C15, D15, E15, F#15, G15, A15, B15, C16, D16, E16, F#16, G16, A16, B16, C17, D17, E17, F#17, G17, A17, B17, C18, D18, E18, F#18, G18, A18, B18, C19, D19, E19, F#19, G19, A19, B19, C20, D20, E20, F#20, G20, A20, B20, C21, D21, E21, F#21, G21, A21, B21, C22, D22, E22, F#22, G22, A22, B22, C23, D23, E23, F#23, G23, A23, B23, C24, D24, E24, F#24, G24, A24, B24, C25, D25, E25, F#25, G25, A25, B25, C26, D26, E26, F#26, G26, A26, B26, C27, D27, E27, F#27, G27, A27, B27, C28, D28, E28, F#28, G28, A28, B28, C29, D29, E29, F#29, G29, A29, B29, C30, D30, E30, F#30, G30, A30, B30, C31, D31, E31, F#31, G31, A31, B31, C32, D32, E32, F#32, G32, A32, B32, C33, D33, E33, F#33, G33, A33, B33, C34, D34, E34, F#34, G34, A34, B34, C35, D35, E35, F#35, G35, A35, B35, C36, D36, E36, F#36, G36, A36, B36, C37, D37, E37, F#37, G37, A37, B37, C38, D38, E38, F#38, G38, A38, B38, C39, D39, E39, F#39, G39, A39, B39, C40, D40, E40, F#40, G40, A40, B40, C41, D41, E41, F#41, G41, A41, B41, C42, D42, E42, F#42, G42, A42, B42, C43, D43, E43, F#43, G43, A43, B43, C44, D44, E44, F#44, G44, A44, B44, C45, D45, E45, F#45, G45, A45, B45, C46, D46, E46, F#46, G46, A46, B46, C47, D47, E47, F#47, G47, A47, B47, C48, D48, E48, F#48, G48, A48, B48, C49, D49, E49, F#49, G49, A49, B49, C50, D50, E50, F#50, G50, A50, B50, C51, D51, E51, F#51, G51, A51, B51, C52, D52, E52, F#52, G52, A52, B52, C53, D53, E53, F#53, G53, A53, B53, C54, D54, E54, F#54, G54, A54, B54, C55, D55, E55, F#55, G55, A55, B55, C56, D56, E56, F#56, G56, A56, B56, C57, D57, E57, F#57, G57, A57, B57, C58, D58, E58, 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Martyrica of the Octoechos

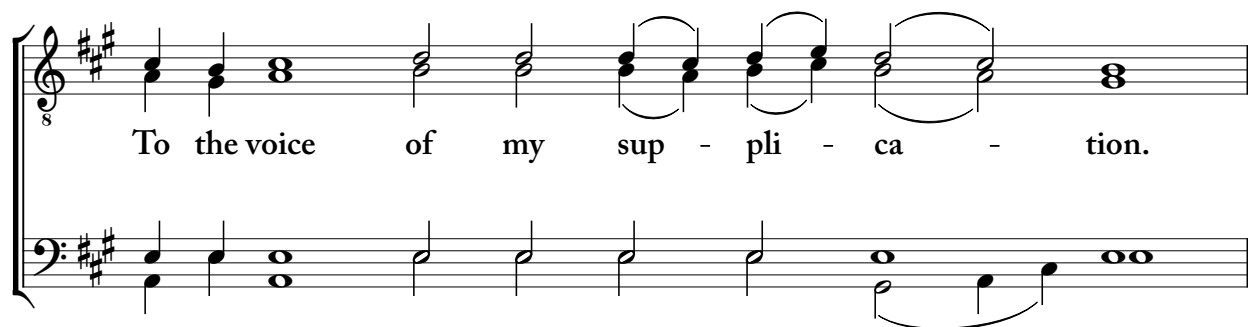
TONE IV

Canonarch: In the Fourth Tone: Out of the depths have I cried unto thee, O Lord :

O Lord, hear my voice.

O martyrs of the Lord, /
living oblations, /
spiritual burnt-offerings, /
perfect victims sacrificed to God, /
sheep that know God and are known by him, /
whose fold no wolf can enter: //
pray that we be led with you to feed beside the waters of repose.

Canonarch: Let thine ears be attentive:



The musical score is written for a single voice part, likely a Canonarch, in G major (one sharp) and 4/4 time. It consists of two staves: a treble clef staff and a bass clef staff. The treble staff begins with a soprano clef (C4) and contains the melody. The bass staff provides a simple accompaniment. The lyrics are: "To the voice of my sup - pli - ca - tion." The melody is characterized by a slow, solemn pace, with many notes being half notes or longer, and some phrases being held over from the previous measure.

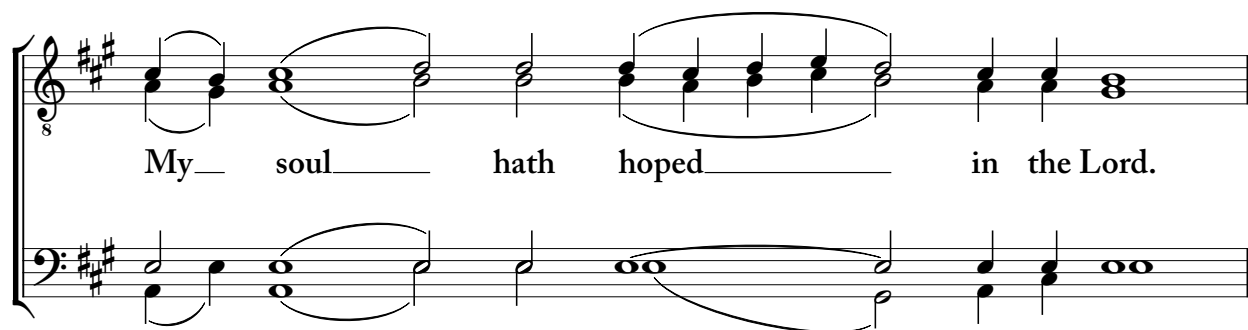
Precious is the death of thy saints, O Lord. /
Slain by the sword, by fire or frost, /
they poured out their *blood*, /
putting all their trust in thee /
and awaiting from thy hand the reward of their labours. /
They endured to the end //
and from thee, O Saviour, they received great mercy.

Canonarch: If thou shouldest mark iniquities, O Lord, O Lord, who shall stand?

The musical score consists of two staves, treble and bass, in the key of D major (two sharps). The treble staff begins with a treble clef, a key signature of two sharps, and a common time signature. The melody is written in a simple, homophonic style. A slur is placed over the notes for the words 'for-give-ness'. The bass staff begins with a bass clef, a key signature of two sharps, and a common time signature. The bass line is also simple and homophonic, with a slur under the notes corresponding to the treble staff's slur. The lyrics 'For with thee there is for-give-ness.' are written below the treble staff, with hyphens under 'for-give' and 'ness' to indicate syllable placement.

Since, O saints, ye have boldness in the presence of the Saviour, /
pray without ceasing for us sinners, //
asking that remission of offences and great mercy may be granted to our
souls.

Canonarch: For thy name's sake have I patiently waited for thee, O Lord; my soul hath patiently waited for thy word :



My_ soul_ hath hoped_ in the Lord.

Thou art glorified in the memorials of thy saints, /
O Christ our God: //
at their intercessions send down upon us thy great mercy.

STICHERA OF ST THEODORE

Tone II

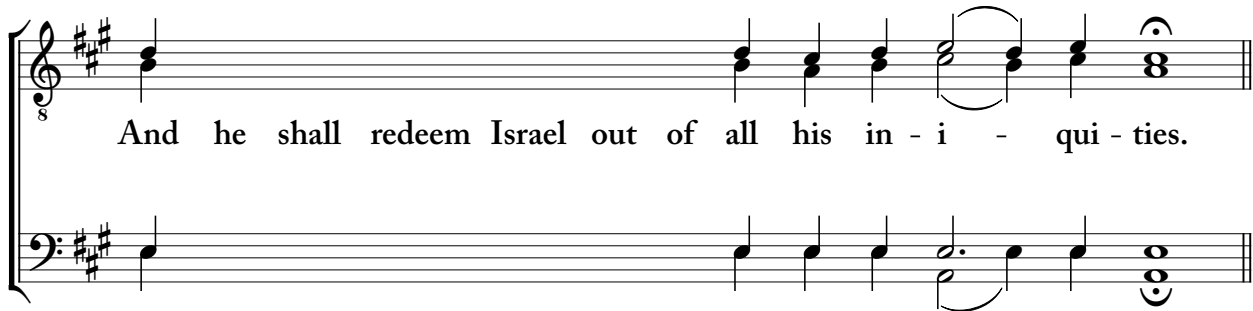
Joseph of Arimathæa

Canonarch: In the Second Tone, to the melody, Joseph of Arimathæa: From the morning watch until night, from the morning watch :

Let Is - ra - el hope in the Lord.

Come, all ye who love the martyrs, /
let us rejoice in spirit and keep festival. /
For today Theodore the martyr /
hath set before us a table laden with mystic food, /
bringing joy to all of us who gladly celebrate his memory. /
Unto him we cry: /
Rejoice, victorious champion, /
who hath trampled underfoot the tyrants' threats. /
Rejoice, thou who gavest thy body of clay to torture for the sake of Christ
our God. /
Rejoice, thou who hast shown thyself, in manifold tribulations, /
a tested warrior of the heavenly host. /
O glory of the martyrs, //
we entreat thee to pray for our souls.

Canonarch: For with the Lord there is mercy, and with him is plenteous redemption :



And he shall redeem Israel out of all his in - i - qui - ties.

The God-given grace of thy miracles, /
O martyr Theodore, /
dost thou grant to all who turn to thee in faith. /
We therefore praise thee, saying: /
Thou dost deliver prisoners and heal the sick; /
thou givest riches to the poor and guardest those who sail the seas. /
Thou restrainest slaves from useless flight, /
and showest robbers what their punishment will be; /
thou teachest soldiers to abstain from plunder. /
In thy loving compassion thou dost grant the prayers of children, /
and thou art the fervent protector of all who keep thy holy memory. /
With them we also sing the praises of thy martyrdom, O saint of God: //
pray to Christ that he may show us his great mercy.

Canonarch: O praise the Lord, all ye nations :

The image shows a musical score for a canon. It consists of two staves, a treble clef staff on top and a bass clef staff on the bottom. The key signature is two sharps (F# and C#). The treble staff begins with a soprano clef (C4) and contains the melody. The lyrics 'Praise him, all ye peo - - ples.' are written below the treble staff. The melody consists of quarter notes for 'Praise him, all ye' followed by a half note for 'peo' and a dotted half note for 'ples'. A slur is placed over the 'peo - - ples.' portion. The bass staff contains a simple accompaniment of quarter notes for 'Praise him, all ye' and a half note for 'peo' and a dotted half note for 'ples'. The piece ends with a double bar line.

O martyr Theodore, /
thou art a matchless gift from God: /
for after thy death as during thy lifetime, /
thou dost grant the petitions of those who turn to thee. /
Thus once it happened that the son of a poor widow /
was carried off by soldiers of another faith; /
and she came weeping to thy shrine. /
Mounted upon a white horse, /
in loving compassion thou hast defended her child /
with thine invisible protection. /
And now as then, /
never dost thou cease from working wonders: //
pray to Christ our God, for the salvation of our souls.

Canonarch: For he hath made his mercy to prevail over us :

And the truth of the Lord a - bid - eth for ev - er.

O thrice-blessed Theodore, I honour thee: /
rightly art thou named 'Gift from God'. /
For thou hast shown thyself a never-setting star of the divine Light, /
and through thy sufferings thou dost shine on all the world. /
Proving thyself stronger than fire, /
thou has quenched the flames; /
and thou hast crushed the head /
of the deceitful serpent. /
Therefore, in the midst of thy sufferings, /
Christ came and set a crown upon thy holy head. /
O Great Martyr, /
who hast boldness before God, //
do thou offer fervent intercession for our souls.

Theodore the Recruit

Doxasticon

AT LORD, I HAVE CRIED

TONE SIX

Kievan Chant
Common Harmony

Canonarch: Glory in the Sixth Tone.

Glo - ry to the Father, and to the Son, and to the Ho - ly
Spi - rit.

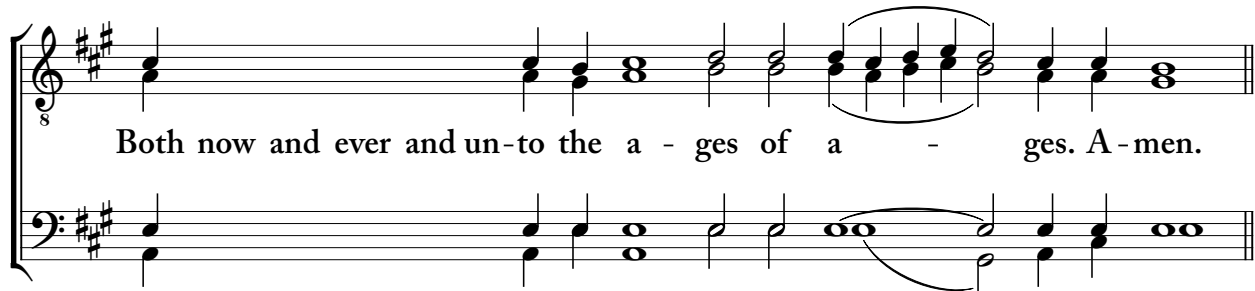
Using as his tool the Apostate Emperor, /
the enemy devised a cruel plot: /
with food polluted by unclean sacrifices /
he sought to defile the people of God /
as they purified themselves through fasting. /
But thou hast defeated his design by a more skillful plan: /
appearing in a dream to the Archbishop, /
thou hast revealed to him the evil plot. /
Therefore we offer thee a sacrifice of thanksgiving, /
honouring thee as our protector /
and keeping the yearly memorial of what was done. /
May we be kept safe, we pray, /
from the designs of the enemy /
(2) at thine intercessions, //
O Martyr Theodore.

Male Choir

Friday Evening
Dogmaticon
TONE FOUR

Kievan Chant
Common Harmony

Canonarch: [Glory,] Both now and ever, the Dogmatic Theotokion in the Fourth [*or,*
same] Tone: [Glory...]:



Both now and ever and un-to the a - ges of a - ges. A - men.

The Prophet David was a father of the Lord /
through thee, O Virgin. /
He foretold in songs the One who worked wonders in thee: /
'At thy right hand stood the Queen,' /
thy Mother, the mediatrix of life, /
since God was freely born of her without a father. /
He wanted to renew his fallen image, made corrupt in passion, /
so he took the lost sheep upon his shoulder /
and brought it to his Father, /
joining it to the heavenly powers. //

Christ who hath great and rich mercy hath saved the world, O Theotokos.

St Theodore
God is the Lord
TONE TWO

Four times. Common Chant

A-men. God is the Lord and hath a-peared un-to us.//

Bless-ed is he that com-eth in the name of the Lord.

Mixed Choir

St Theodore

Troparion

STONE TWO

Common Chant

Great are the ac-com-plish-ments of faith: In the fountain of flame

as in re-fresh-ing wat - er* the ho-ly mar-tyr The - o-dore re-joiced,

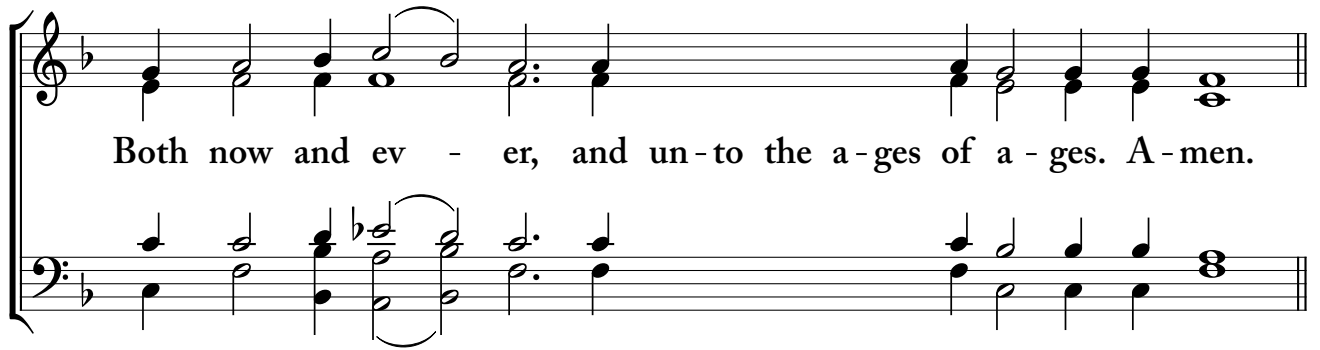
con - sumed in the fire, he was offered as a sacrifice to the Tri -

ni - ty. // By his pray'rs, O Christ God, save our souls!

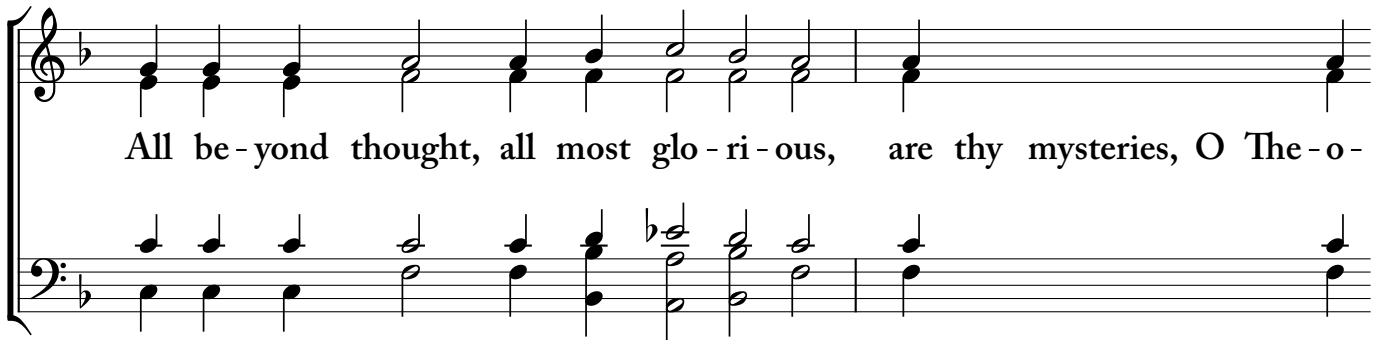
Resurrectional Theotokion

TONE TWO

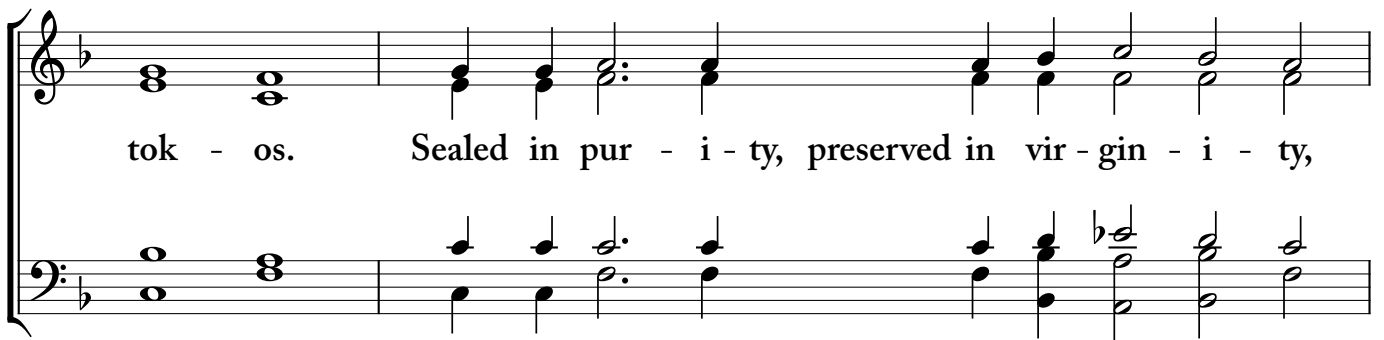
Common Chant



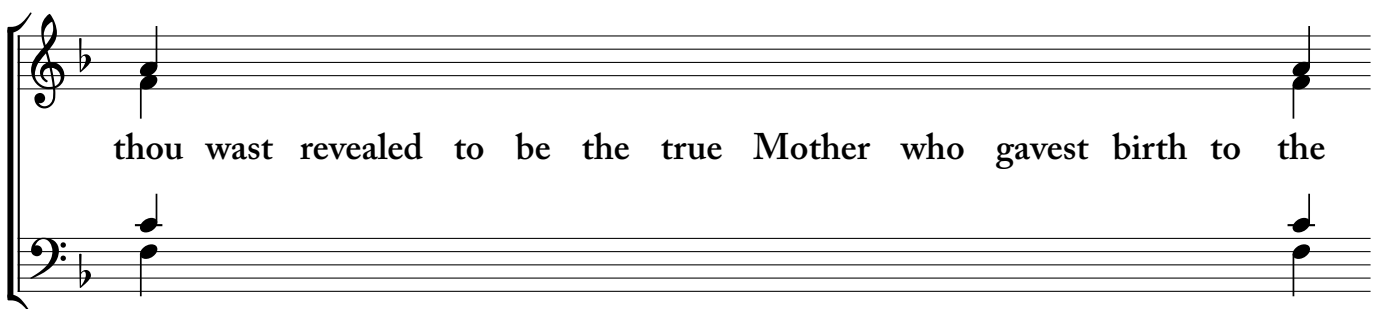
Both now and ev - er, and un-to the a-ges of a - ges. A - men.



All be-yond thought, all most glo-ri-ous, are thy mysteries, O The-o-



tok - os. Sealed in pur - i - ty, preserved in vir - gin - i - ty,



thou wast revealed to be the true Mother who gavest birth to the

Resurrectional Dismissal Theotokion • Tone Two

The musical score is written on two staves, a treble clef on top and a bass clef on the bottom. The key signature has one flat (B-flat). The melody is primarily composed of half notes and quarter notes, with some rests. The lyrics are: "true God. // En - treat him to save our souls!". The first staff ends with a double bar line. The second staff also ends with a double bar line.

true God. // En - treat him to save our souls!

Male Choir

Hirmos

of the CANON to Saint THEODORE

CANTICLE ONE

Trinity St Serius Lavra
Tone Eight

Hav - ing crossed the water as though it were dry land, and es - caped from the

wick - ed - ness of E - gypt, the child - ren of Is - ra - el

shout - ed a - loud: // 'Let us sing to our De - liv - er - er

and our God.'

ST THEODORE • CANON

CANTICLE THREE

Thou art the strong support of those that that run to thee, O Lord;

thou art the light of those in dark - ness, // and my_ spi - rit

sing - eth in_ praise of thee.

ST THEODORE • CANON

CANTICLE FOUR

O Lord, I have heard the myst'ry of thy dis - pen - sa - tion:

I have con - sid - ered thy works, // and I have glo - ri - fied thy_

God - head.

ST THEODORE • CANON

CANTICLE FIVE

8
eEar - ly in the morn - ing we cry to thee, O Lord:

8
save us, for thou art our God, // and we know none oth - er

8
god but thee.

ST THEODORE • CANON

CANTICLE SIX

Be mer - ci - ful to me, O Sav - iour, for_ man - y are my trans -

gres - sions, and lead me up, I be-seech thee, from the a - byss of

e - vil: for un - to thee have I cried; // heark - en un - to me, O

God of my sal - va - tion.

Mixed Choir

St Theodore
Contakion
TONE EIGHT

Kiev Caves Lavra

Thou hast car-ried as a shield the faith of Christ with-in thine heart,

and trampled un-der-foot the power of the enemy, O greatly suf-fer-ing

mar - tyr; thou hast re-ceived an heavenly and æ-ter - nal crown,

for thou wast un - de - feat - ed in the bat - tle.

CANTICLE SEVEN

8
The Child - ren of Ju - dæ - a, who dwelt of old in Bab - y - lon,

8
tram - pled un - der - foot the flame of the fur - nace through their faith

8
in the Trin - i - ty, // as they sang aloud: 'O God of our fath - ers, -

8
bless - ed art thou.'

CANTICLE EIGHT

The Chal-dæ - an ty - rant in his mad - ness or - dered the fur - nace

to be heated seven times more for the ho - ly Child - ren;

but see - ing them saved by a greater pow - er he cried _____ a - loud:

O ye child - ren, bless the Creator and De - liv - er - er; O ye priests, sing his

prais - es:// O ye people, exalt him a - bove_ all_ for - ev - er!

ST THEODORE • CANON

CANTICLE NINE

Moth-er of God and Vir - gin who hast not known man,

in ways beyond our un-der-stand - ing, at the word of the an - gel,

thou hast con-ceived the true God. Thou art high-er than the spiritual powers of

heav - en, // and with never silent hymns of praise - we -

mag - ni - fy thee.

Repeat as Catabasia.

Mixed Choir

St Theodore

Troparion

STONE TWO

Common Chant

Great are the ac-com-plish-ments of faith: In the fountain of flame

as in re-fresh-ing wat - er* the ho-ly mar-tyr The - o-dore re-joiced,

con - sumed in the fire, he was offered as a sacrifice to the Tri -

ni - ty. // By his pray'rs, O Christ God, save our souls!

Mixed Choir

St Theodore
Contakion
TONE EIGHT

Kiev Caves Lavra

Thou hast car-ried as a shield the faith of Christ with-in thine heart,

and trampled un-der-foot the power of the enemy, O greatly suf-fer-ing

mar - tyr; thou hast re-ceived an heavenly and æ-ter - nal crown,

for thou wast un - de - feat - ed in the bat - tle.

Mixed Choir

Theotokion

TONE EIGHT

Kiev Caves Lavra



All of us in our sin-ful-ness have thy fervent succour as our

pro-tection and our sure de-fence, O most pure Ma-ry, Vir-gin

and Mother, the salvation of Chris-tians. Cease not to in-ter-cede for us

be-fore the Sav-iour, that we may receive for-give-ness.

Mixed Choir

Blessing of the Colliba

Lord, have mercy.

